

# CLIMBING ESCALADE CANADA 2020 YOUTH NATIONAL TEAM PROGRAM

Jan 14, 2020

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# 1. INTRODUCTION

The Climbing Escalade Canada (CEC) Youth National Team Program (YNTP) identifies athletes in the Train to Train, Train to Compete and Learn to Win stages of LTAD development and supports their progression towards Senior National Team Programs (NTP).

The Youth National Team Program applies to IFSC categories Youth B, Youth A and Junior. The program is categorized into two levels:

1) Youth National Squad – up to 8 per category per discipline. See table in section 4 below.

2) Youth World Championship (YWC) Squad – up to 3 per category<sup>1</sup>.

The YNTP is aligned with CEC's high-performance strategies and funding partners, such as Sport Canada and Own The Podium (OTP).

<sup>1</sup> In categories where Canadian athlete(s) have IFSC extra quota status (i.e. reigning Youth World Champion), the YWC Squad may be greater than 3.

#### **1.2 OBJECTIVES**

The objective of the YNTP is to identify and select athletes who:

- 1) Have the potential to finish Top 25 in one or more disciplines at upcoming YWC.
- 2) Have the potential to develop into Senior National Team members.
- 3) Demonstrate the elite performance characteristics to become Top 20 World Cup competitors.
- 4) Will represent Canada with focus, attention and respect.

# 2. REQUIREMENTS AND SUPPORT

The Youth National Team Program supports athletes to improve their performance through consultation with National Coach (NC), Youth National Team Coaches, Integrated Support Team (IST) Personnel and high-performance resources.

#### 2.1 ATHLETE REQUIREMENTS

Athletes must meet and maintain the requirements outlined in the following chart:

	Youth World Championship Squad	Youth National Squad
Abide by CEC rules, code of conduct and ethics and social media policy, and act in accordance with other national and international policies (CCES, WADA etc.)	$\checkmark$	$\checkmark$
Sign and abide by Youth National Team athlete agreement	$\checkmark$	$\checkmark$

Be eligible to compete for Canada (hold valid CDN passport)	$\checkmark$	$\checkmark$
Submit and report on training plan for period between selection and YWC	$\checkmark$	

# 2.2 YOUTH NATIONAL TEAM PROGRAM SUPPORT

Athletes who meet and maintain these requirements will benefit from the high-performance resources and support outlined in the following chart:

	Youth World Championship Squad	Youth National Squad
Written skill-based evaluations with recommendations from Selection Camp.	$\checkmark$	$\checkmark$
Evaluations of Daily Training Environment (DTE) from National Team coaches	$\checkmark$	
Coaching Support at IFSC events (Youth World Championships, Pan Am Youth Championships)	$\checkmark$	
CEC led sourcing of local IST personnel	$\checkmark$	
Athlete performance evaluations	$\checkmark$	$\checkmark$
Mentoring opportunities with National Team Program (NTP) athletes	$\checkmark$	$\checkmark$

# 3. NATIONAL YOUTH TEAM PROGRAM PERFORMANCE CRITERIA

#### **3.1 YOUTH NATIONAL SQUAD**

#### PERFORMANCE OBJECTIVE

Youth National Squad athletes have the objective of being selected to the YWC Squad.

#### PERFORMANCE CRITERIA

i. The top 6 or 8 athletes per discipline (see table in section 4 below) from the respective Youth National Championships will be selected to the Youth National Squad. See table below for each discipline. Youth National Squad members are not automatically selected to attend the IFSC events.

## 3.2 YOUTH WORLD CHAMPIONSHIPS (YWC) SQUAD

#### PERFORMANCE OBJECTIVE

YWC Squad athletes have the objective to finish top 25 at upcoming YWC.

#### PERFORMANCE CRITERIA

Selection to the Youth World Championships Squad will be based on the Youth National Team Program Rankings outlined in Section 5 below.

Automatic Selection:

i. Athletes ranked 1 and 2 in YNTP Rankings are automatically selected to the YWC squad.

Conditional Selection:

- i. Athletes ranked 3<sup>rd</sup> in YNTP Rankings may be selected based on the following criteria:
  - a. Performance "Gap" This is an assessment of an athlete's readiness to perform at the YWC. Athletes with a significant performance "gap" may not be selected.
  - b. Skill Based Assessments This considers results of assessments in climbing performance areas. Used to determine an athlete's future potential.
  - c. Previous YWC experience looks at an athlete's previous experience as an indicator of future potential.

**Speed Only:** In addition to achieving the criteria above, speed athletes must also achieve the times below during a CEC event (regionals, nationals, selection camp). These times are based on the time of the 16<sup>th</sup> place qualifier from 2019 YWC.

There are 2 qualifying times for each category:

1) Automatic Selection – athletes who achieve this time AND finish in the top 3 of YNTP ranking are automatically selected to the Youth World Championships Squad.

2) Regular Selection – athletes who achieve this time AND finish in the top 3 of YNTP ranking MAY be selected to Youth World Championships Squad at coaches' discretion.

Category	2019 YWC 16 <sup>th</sup> place time	Automatic Selection Time	Regular Selection Time
Youth B Female	10.873	10.873	11.873
Youth A Female	9.947	9.947	10.697
Junior Female	10.958	10.958	11.458
Youth B Male	8.098	8.098	9.098
Youth A Male	6.993	6.993	7.743
Junior Male	6.798	6.798	7.298

# 4. SELECTION CAMP

The table below shows the athletes in each discipline who will receive invitations to selection camp.

Discipline	Number of Athletes Advancing to Selection Camp
Boulder	Top 6 per category from Youth Boulder Nationals
Lead	Top 8 per category at Youth Lead Nationals
Speed	Top 8 per category at Youth Speed Nationals

Additional athletes may be added for the following reasons:

- i. Athletes holding IFSC extra quota status (reigning Youth World Champion).
- ii. Athletes granted injury exemption status (see 6.2).
- iii. Speed athletes who achieve a qualifying time in any CEC event, but who do not finish in the top 5 at Nationals.

The selection camp will include instruction, evaluation and competition. Results from the camp are one of the criteria used in calculating the Youth National Ranking. See section 5 below.

Details will be released along with camp dates and location a minimum of 3 months in advance.

# 5. NATIONAL YOUTH TEAM PROGRAM RANKINGS

Athletes who qualify for the YNTP will be ranked using the points allocation chart below:

	Points	
Position	Youth National Championships	Youth National Team Selection Camp
] st	50	66
2 <sup>nd</sup>	46	59
3 <sup>rd</sup>	42	53
4 <sup>th</sup>	36	47
5 <sup>th</sup>	32	43
6 <sup>th</sup>	29	38
7 <sup>th</sup>	26	35
8 <sup>th</sup>	23	31

# **Youth National Teams Program Selection Process Flow Chart**





# 6. EXEMPTIONS

## 6.1 EVENT EXEMPTIONS

Youth National Squad members who are also selected to Senior National Team Program may request exemption from Youth National Championships and/or Youth Selection Camp. Exemption may be granted IF the athlete can show developmental justification for missing the event in question:

- Conflicts with World Cup.
- Proximity to next World Cup will create travel logistics detrimental to performance.
- Conflicts with another training or development opportunity that the athlete can clearly show has more potential benefit.

Event Exemption requests must be made in writing to the HPD no later than 1 month prior to the starting date of event in question.

Late Event Exemption requests will not be considered.

## 6.2 INJURY EXEMPTIONS

Athletes in the Youth National Team Program may request an injury exemption from Youth National Championships and/or Selection Camps. Injury Exemption requests must be accompanied by supporting documentation from a Sport Medical professional and will be evaluated/monitored by CEC Sport Medical Staff.

Athletes who have been granted an Injury Exemption may be selected to the National Youth Team Program after consideration of:

- Nature of injury, prognosis for recovery and other medical team recommendations.
- Results in other Performance Categories from YNTP Ranking.

Injury Exemption requests can be made at any time, however, must be accompanied by Sport Medical documentation including: date of injury, diagnosis, prognosis and recovery plan. The CEC Sport Medical staff may request other documentation.

Injury Exemption requests without minimum Sport Medical documentation will not be considered.

# 6.2.1 POINTS AND RANKING OF INJURY EXEMPT ATHLETES

Athletes who have been granted an Injury Exemption from one of the YNTP ranking events (Youth Nationals or Selection Camp) and who have been cleared to compete will be ranked amongst others in the YNTP by comparing the percentages of earned points available.

i.e. Athlete A competes in both Youth Nationals and Selection Camp, and collects 79 (5<sup>th</sup> and 4<sup>th</sup> respectively) out of a possible 116 points = 68% of available points. Athlete B has injury exemption from Youth Nationals and collects 53 (3<sup>rd</sup>) out of a possible 66 points = 80% of available points. Athlete B will be ranked ahead of Athlete A.

# 7. CONFIDENTIALITY

It is vital for the integrity of the YNTP that strict codes of confidentiality are followed by athletes, personal IST, team IST, and CEC staff relating to information or discussions and which may have a bearing on high performance strategies. Any athlete or YNTP staff member who breaks this confidentiality may be removed from the program.